

Volunteer Horse Exerciser Questionnaire

If you are interested in becoming a regular or substitute volunteer horse exerciser, you must qualify by instructor evaluation. Please keep in mind that we are not a public lesson facility, you must be qualified before applying to ride. Applicants must be 16 years old. Parent/guardian must always accompany any rider under the age of 18 years. Proper safety equipment must be worn at all times. No one may exercise a horse without another CPR/First Aid trained person being present. All exercise riding will be scheduled and supervised by the Equine Facility Manager.

Answer the following questions only if you are interested in becoming an exerciser.

1. How long have you been riding horses?
2. When is the last time you rode?
3. What is the primary discipline you ride?
4. Have you ever ridden English?
5. Do you know how to post at the trot?
6. Have you taken riding instruction?
7. If yes, where and what kind of lessons?
8. Have you ever owned your own horse?
9. Do you know how to halter, lead and groom a horse?
10. Describe the safety measures you would take when walking a horse into a stall

11. Describe how you know if you are on the correct diagonal

12. If a western rider describe the aids you use to neck rein a horse.

13. Describe your thought process you use to ride a figure 8 at a trot and then transition to a canter.

14. When you tie a horse describe how you would do it safely.

15. Describe the body language a horse uses when upset.

16. What is a safe distance between horses?

Qualified riders will be divided into two categories after the evaluation. Level 1 Exercisers will be able to do basic exercise and conditioning under the guidance of instructional staff or Level 2 Exercisers.

Level 2 Exercisers will be helping problem solve with instructional staff about horse needs and behaviors, will be able to exercise without instructors being present and will be able to take responsibility for activities of Level 1 Exercisers.

You will be notified when the next schooling test is scheduled. Further information and requirements for this position are available upon request.